

Athletic Update:

WHEW!! What a whirlwind start to the Fall athletic season. This email is meant to update and clarify several things about our sport's season this Fall.

All Athletics:

All athletic events will be limited for spectators by executive order from the governor. Every athlete will be given two tickets for every home and away game. These will be given the day before any game/event. You may only attend the game for your athlete (in the past, you could watch both 7th and 8th grade games). You must provide the ticket to enter the event. There will be no charge for home athletic events this school year. We will be clearing the gym/stadium between grade level games.

Athletic Fee:

There is a one time athletic fee for the middle school of \$100. This cost covers ALL sports that your child will compete in for the school year. This fee must be paid before the first official competition.

Face coverings:

All athletes must wear a mask, even while playing. This is a new rule from the state of Michigan. We have ordered gator style face coverings for our athletes if they wish to use these instead of a traditional face mask. These have been ordered, but have not arrived yet. As soon as they are here, they will be available to our students. If you have any questions, please do not hesitate to email me. Athletes will be given further clarification from their coaches.

Physical and Health Questionnaire:

Any paperwork that you still have to submit should be turned in to the coaches at today's practice/tryout. This includes a physical and/or health questionnaire. As a reminder, a physical that was turned in last school year can still be used for this year. You would need to fill out the health questionnaire to go along with last year's physical. https://www.gibdist.net/uploaded/Carlson_Heigh_School/healthquestionnaire.pdf

Covid Screening before games and practices:

Our original plan of filling out the Covid screener on a Google form has been adjusted since school is already back in session. In place of the Google form, all students should be going through the home health screener before the school day. This will also count for athletic practices. Please make sure you are conducting this screener everyday. There is nothing that needs to be submitted to the school for this.

Practices after school:

For cross country and volleyball, there is a gap in between school dismissal and the start of practice. If your child needs to stay at school, they will be in a study hall in our cafeteria. They will be allowed to change in shifts using our locker rooms before the start of practice.

Update on football: It's a GO!!

Practices will be everyday after school. Our first practice is today from 3:30-5:30. All other football practices will start at 2:45 and end at 4:45. Our practices will be on our practice football field on the north side of the school. Parents are welcome to park and stay in their car during practice. More information will be provided by coaches in regards to practices and times. Please make sure that your child has a water bottle labeled with their name.

Masks must be worn at all times, even while on the field of play. This is a new rule from the state of Michigan. We have ordered gator style face coverings for our athletes if they wish to use these instead of a traditional face mask. These can be pulled over the face mask and will not interfere with the chin strap or mouth guard.

Game days will be on Wednesdays. I am waiting to hear from other schools about the starting date. It will be the 23rd or 30th of September. Our last game will be Oct. 28th. Once the schedule is finalized, I will send it out to our families.

Students will be allowed to keep their football equipment in the football locker room and will change in shifts. Any practice jerseys, game jerseys, or football pants should be washed after every practice and game.

As more information becomes available, I will send future updates.

Update on Volleyball: It's a GO!!

Tryouts will follow the schedule below and be held in the gym:

Wednesday, September 9th:

7th grade 3:30-5pm

8th grade 5-6:30pm

Thursday, September 10th:

7th grade 3:30-5pm

8th grade 5-6:30pm

Friday, September 11th (by invitation only):

7th grade 3:30-4:30pm

8th grade 4:30-5:30pm

Games will begin on Sept. 23rd. Games are on Mondays and Wednesdays this year. Once we have a finalized schedule, I will be sending it out. Practice times will be communicated through the coaches once we have finished tryouts and a team is in place.

Cross Country:

Practices will continue on Mondays, Tuesdays, Thursdays, and Fridays from 3:15-4:45pm. Our competitions will be mostly on Saturdays with the surrounding schools in our league. Our race format will be modified from previous years to accommodate new mandates from the state of Michigan. There will be several different races and your child will be given a race time by the coach before each meet.

We will also be holding one Wednesday meet against Grosse Ile on October 7th at 4:00pm at Lake Erie Metropark.

An official schedule will be sent next week.

Sideline Cheer:

Practices will continue as normal for the 7th and 8th grade team.

6th grade tryouts:

Tuesday, September 15th from 4:30-6:30pm at the high school football field

Wednesday, September 16th from 6-8pm at the high school football field

Once we have a finalized schedule for football, it will be sent out to our cheer families.

Thank you for your patience as we continue to adjust our plans to follow along with state and MHSAA guidelines.

Have a great day,
David Anderson
Assistant Principal/Athletic Director