

7 Hidden Warning Signs That Your Kid is Vaping

Here are some subtle signals that mean that your teenager might be vaping clandestinely.

1. Mystic Aroma

E-cigarettes don't smell bad like the smoke from combusting tobacco, however, most e-liquids have flavors in them that usually smell nice like candy, mint, vanilla, fruit punch etc. If you catch a sudden whiff of any of these but none of them is around, consider this a red flag.

2. Unfamiliar handheld gadgets

E-cigarettes come in various shapes, from cig-a-likes to box mods. However, the most common ones resemble a pen and are known as vape pens. If you see such a gadget, or a pen that isn't a pen, be aware that it could be a vaporizer. The easiest way to spot an e-cig is to look for holes on each end of the device.



3. Increased thirstiness

Vapor from e-cigs is made of VG (Vegetable Glycerin), PG (Propylene Glycol), and flavors. The chemical characteristics of PG make it attract water molecules from its surroundings. When vapor enters the mouth, PG does its trick and keeps the vaper in a state of dry mouth. So, if your kid is suddenly drinking more water, you need to keep a closer eye on them.

4. Caffeine sensitivity

Vapers develop caffeine sensitivity, and in case your kid loved coffee or Red Bulls but suddenly stops chugging on them, vaping could be the cause.

5. Batteries and Chargers

Just like you have to charge your smartphone every single day, vapers need to charge their vaporizers on a regular basis. While some e-cigs can be charged with just a USB cable, most of the powerful e-cigs like box mods support 18650 batteries. So, if you see unfamiliar batteries on the charger, take a look around and you might find a vaping device.

6. Metallic wires and cotton wicks

If you find organic cotton, empty plastic vials or thin metallic coils lying in your child's room, this is yet another red flag.

7. Discarded atomizers

The atomizers are a vital part of e-cigs as they turn e-juice into vapor. However, they are disposable and after a while usually burn out. If you come across a discarded atomizer in your kid's trash can, it's a clear indication that he/she has been vaping.