

Gibraltar School District Student Athlete Handbook



ATHLETIC DEPARTMENT

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Welcome...

Interscholastic athletics signify more than competition between two individuals or two squads representing schools. Athletics, for some, are a way of life. Participation provides students with positive learning opportunities. Participants master physical skills, exhibit sportsmanship, develop strategies, collaborate with teammates, create positive attitudes, make positive choices, develop relationships with coaches, handle winning and losing, and focus on athletic success. We find these to be qualities that are all valuable and obtainable outcomes of participation.

The success of the Gibraltar School District extracurricular program was not built overnight. It has taken hard work by many people over the years. We are proud of where it is and where it is going. In every situation, participation in interscholastic athletics is regarded as a privilege that is earned through hard work in the classroom, on the practice court, and through the adherence to the standards of the Code of Conduct outlined in this handbook.

Finally, each of you have our very best wishes for success and remember to always, “Show some Marauder Pride!!”

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Shumate Middle School

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Athletic Mission Statement

We believe that all students can benefit from athletics – from the participants to the spectators. Our mission is to provide students all possible opportunities to benefit from the positive outcomes provided by participation in athletics.

League Participation

The majority of the teams in the Gibraltar School District participate in the Downriver League. The league is composed of schools from Allen Park, Gibraltar, Lincoln Park, Melvindale, Southgate, Taylor, Trenton, Woodhaven/Brownstown, and Wyandotte.

Activity Fee

Gibraltar students in grades 7 through 12 must pay an Activity Fee to participate in athletic programs. The fee (\$100 for Shumate, \$200 for Carlson) is a one-time fee per academic year and allows the student to participate in as many athletic/school-sponsored programs as s/he wishes.

Athletic Programs

The athletic program offers many opportunities for the students of Gibraltar School District. Many sports offer a variety of competitive levels for all grades and skill levels. The sports offered at Carlson High School include:

<i>Fall Programs</i>		<i>Winter Programs</i>	
Football	Sideline Cheer	Boys' Basketball	Competitive Cheer
Boys' Tennis	Girls' Volleyball	Hockey	Girls' Basketball
Boys' Soccer	Girls' Swim	Boys' Swim	Dance
Boys' Cross Country	Girls' Cross Country		
	Girls' Golf	Wrestling	

<i>Spring Programs</i>	
Boys' Golf	Girls' Soccer
Boys' Track	Girls' Track
Boys' Baseball	Girls' Softball
	Girls' Tennis
Rowing	

The sports offered at Shumate Middle School include:

<i>Fall Programs</i>		<i>Winter Programs</i>	
Football	Sideline Cheer	Boys' Basketball	Competitive Cheer
Boys' CC	Girls' Volleyball	Swimming	Girls' Basketball
	Girls' Cross Country	Wrestling	Swimming

<i>Spring Programs</i>	
Boys' Baseball	Girls' Softball
Track	

Athletic Philosophies

Player Philosophy

Athletes, by their nature, concentrate on the development of specific skills to be utilized in competitive sports. Equally important to the development of the mental and physical skills needed to compete in a particular sport is the need for the development of positive social attitudes and interpersonal relations. The student who serves on a team that competes interscholastically represents him or herself, the family, the team, the school, and the community. For this reason, conduct on and off the playing field should reflect the highest values and standards that the school exemplifies.

Role of the Parent

It is important for a parent to be active in their child's athletic experience and help to foster a positive relationship between the student-athlete and their coaches, teammates, fans, officials, and opponents. Parents should be supportive of the coaching staff and team goals in order to help create better members of the community.

Expectations for Levels of Participation

The primary role of the sub-varsity level (freshman and junior varsity teams) is to develop skills and techniques necessary to compete at the varsity level.

At the varsity level, emphasis is placed upon honing athletic skills, dedication, hard work, and sacrifice in order to be a successful team. Although winning is important, success is not indicated by the win/lose record but by the ability of the athletes to accomplish goals.

Priorities for Competition

Although each level is important to the development of the student-athlete, priority is placed at the varsity level with regards to competition. In the event that a conflict arises between a varsity event and a sub-varsity level event, the varsity competition takes precedence over a sub-varsity level event. Conflicts could arise due to problems with facilities, weather conditions, etc. In the event of any change in the athletic schedule, every attempt will be made by the Athletic Department to notify athletes and parents of any changes.

Athletics as a Privilege

It is a privilege to participate in athletics. When representing Gibraltar Schools in athletic competition, the general appearance, dress, and conduct must be such as to bring credit to the athlete, the team, the school, and the community. Since it is a privilege to represent the school in athletics, the school must have the authority to revoke the privilege when student athletes do not meet the standards set forth. The responsibility of an athlete exists 365 days a year and is a reflection of the school and team. The conduct of athletes is always under observation.

Athletic Guidelines

Eligibility

Carlson Requirements

The student must meet all MHSAA requirements listed below.

1. Must have passed four of five classes during the previous trimester, with a minimum of a cumulative 2.0 GPA or 2.0 GPA during the previous trimester and currently be passing four of five classes. In the event that a student's GPA falls below the 2.0 requirement during the time of participation, the student will be placed on probation. While on probation, the student must adhere to these guidelines:
 - Students will not be allowed to participate in any extracurricular event/competition, but must practice with the team.
 - A weekly progress report will be available through Parent Connect.
 - If a student falls below the 2.0 for more than three weeks of the time of participation, the student will be ruled ineligible for the remainder of the activity's duration.
 - Resource students will be required to maintain a 1.67 GPA and must follow all of the aforementioned requirements.
2. 1st Semester final grades will be used for second half of Winter and Spring Sports, 2nd Semester and Summer final grades will be used for Fall Sports.
3. Must be listed on the Master Eligibility List for the sport participating in during the current season.
4. Must be in good standing with the District in regards to academic and athletic fines (i.e. book fines, missing equipment, etc.)

5. Must have valid Physical, Athlete Emergency Health Form, and Athletic Responsibility Acknowledgment Form on file in Athletic Office.
6. Athlete must maintain an amateur status. Students are no longer considered amateur if that student:
 - Receives money or other valuable consideration from any source for participating in athletics, sports or games;
 - Receives money or valuable consideration for officiating in interscholastic athletic competitions; or
 - Signs a professional athletic contract.

MHSAA Requirements

The student must:

1. Know and adhere to the athletic Code of Conduct of the school;
2. Meet or exceed all attendance and academic requirements;
3. Observe completely all policies regarding conduct;
4. Consult with the Athletic Director over questions regarding eligibility to participate;
5. Practice good sportsmanship - Sportsmanship is defined as conduct and attitude considered as befitting participants in sports especially fair-play, courtesy, striving spirit, and grace in losing; and
6. Demonstrate respect for opponents and officials before, during, and after contests.

Athlete Expectations

Carlson student-athletes shall abide by the following guidelines:

- Once a student becomes a member of any team in grades 7-12 s/he will thereafter be considered a student-athlete. All student-athletes are expected to follow all rules, regulations and policies.
- Put team goals ahead of personal goals.
- The athlete will refrain from the use of profanity.
- Be on time and prepared for practices, meetings, and games.
- Must strive toward the development of good sportsmanship, citizenship, and leadership at all times. Student-athletes represent both school and community.
- Any student-athlete suspended from school for any reason will be suspended from all athletic practices and contests during that suspension.
- Student-athletes must attend school a minimum of *three clock hours* on the day of the scheduled contest in order to participate in the athletic activity. Exceptions to this policy must comply with the school policy on attendance at the discretion of the Athletic Director.

Concussions

A concussion is a type of traumatic brain injury. Concussions occur when there is a forceful blow to the head or body that results in rapid movement of the head and causes any change in behavior, thinking or physical functioning. Concussions are not limited to situations involving loss of consciousness. Some symptoms of a concussion include headache, nausea, confusion, memory difficulties, dizziness, blurred vision, anxiety, difficulty concentrating and difficulty sleeping.

Parents/guardians who inform coaches and teachers that their child is being treated by a healthcare professional for a concussion must provide written clearance from that healthcare professional for a full or limited participation in class, practice, activity or competition. Prior to receiving written clearance from a healthcare professional, students who have sustained a concussion may not participate in any school-related physical activities.

If a concussion is suspected by a teacher or coach, the student will be removed from the class, practice, activity or game. The student will not be permitted to return to full participation until he or she is evaluated by a healthcare professional experienced in concussion management and receives written clearance for full participation from that professional. Limited physical activity in the physical education context may eventually be permitted, depending on the recommendation of the healthcare professional.

Teachers or coaches who suspect a student has been concussed shall record on the Student Accident Form 5340 F1, as soon as possible, all pertinent facts concerning the incident and submit it to the building office with a copy being given to the athletic office for student athlete injuries. Parents/guardians shall be notified about the possible concussion and given information on concussions and the need for medical attention.

Prior to the beginning of each season and pre-season training, coaches shall notify parents, guardians and student athletes of the fact that written clearance for full participation will be required from a healthcare professional when a concussion is suspected or diagnosed. Information about this guideline will be included in the student handbook.

Hazing

Hazing is any intentional, knowing, or reckless act, occurring on or off-school property, by one person or group directed at a student that endangers the mental or physical health of that student. No form of hazing will be tolerated in Gibraltar Schools. Any athlete or group of athletes found guilty of any type of hazing will be subject to disciplinary action.

Ethical and Moral Behavior

Any behavior, involvement, and/or acts that can be construed as unethical, immoral, or detrimental to the team or school in which the student-athlete is a participant, may result in discipline and/or penalties in compliance with the Carlson Athletic Handbook, Carlson and Shumate Student Code of Conduct, or team rules.

Internet activity

Any inappropriate activity the student-athlete may participate in on the computer shall be deemed as a violation of the ethical and moral behavior policy.

Heckling or Display of Poor Sportsmanship at Sporting Events

Any behavior, involvement, and / or acts that can be construed as displaying poor sportsmanship toward another person or team may result in discipline and /or penalties in compliance with the Carlson Athletic Handbook, Carlson and Shumate Student Code of Conduct, or team rules.

Criminal Acts

Athletes charged with a criminal act that was allegedly committed either on or off school premises will be considered in violation of the Athletic Code of Conduct. Police reports will be reviewed by the building principal and the Athletic Director and appropriate penalties will be imposed at that time. Student-athletes must refrain from the use, possession, distribution, sale of tobacco, narcotics, alcohol, or anything associated with the use of these products. Such items shall include, but are not limited to, steroids, human growth hormones, or any other performance enhancing drugs.

Penalties for General Infractions

Participation is a privilege and, as such, all athletes will be subject to rules and regulations to which the regular student body may not. If the athlete is found guilty of violating the standards set by the school code, athletic department, and/or coach, the following actions will be taken:

FIRST OFFENSE: An athlete found violating the ethical/moral, hazing, internet, criminal acts, or training rules will be removed from their sport for a minimum of 1/3 of their athletic season. All game suspensions must be served consecutively. In the event that a violation occurs at the end of one sport season the penalty will be carried over into the next sport season in which the athlete participates. All penalties that are carried over to the next sport season will be adjusted to the percentage of games for that season.

SECOND OFFENSE: An athlete found violating the ethical/moral, hazing, internet, criminal acts, or training rules will be dismissed from all athletics for one year. If the violation occurs during a sport season, the remainder of that season plus two consecutive seasons constitutes a year.

THIRD OFFENSE: An athlete found violating the ethical/moral, hazing, internet, criminal acts, or training rules will be dismissed from athletics for the remainder of his or her eligibility in high school. An athlete from Shumate guilty of a third offense may appeal for reinstatement of eligibility in high school.

NOTE: An athlete found guilty of a felony crime will be immediately removed from participation in all athletic events. A hearing with the athlete, his/her parent/s, a representing coach, the Athletic Director, and the Principal will determine when/if the athlete may return to competition and under what conditions.

Team Rules and Penalties

In addition to the general athletic rules, policies and guidelines, individual coaches may set forth and publish team rules and penalties which will be distributed to athletes and parents/guardians. A copy of these team rules will be on file in the Athletic Office. Any concerns regarding team rules and penalties should be addressed with the head coach of the sport before contacting the Athletic Director.

Suspensions and Participation

Any student who is suspended due to a violation of the Student Code of Conduct or the Athletic Code of Conduct shall be ineligible to participate in practice or competition while serving their school suspension. An athletic suspension cannot be served in conjunction with a school suspension or while the student is academically ineligible to participate unless both events are related, and therefore, must begin once the student becomes a student in good standing.

Disciplinary Process and Appeals

A student-athlete who is found to be in violation of the Athletic Code of Conduct or team rules will be notified as soon as possible of the violation and any potential penalties. The student-athlete will be given the opportunity to appeal a suspension at the discretion of the Athletic Director. Any appeal will require the student-athlete to appear before a panel comprised of the Athletic Director, head coach of the sport, the Principal, and other members chosen by the Athletic Director.

Additional Athletic Policies

Facility Use and Rules

No athletic activities are to occur on school property (including practice facilities, game facilities, and training facilities) without adequate coach's supervision. **NO COACH = NO ATHLETIC ACTIVITY!!!**

Uniforms and Warm-ups

A student-athlete is responsible for any uniform, practice gear, warm-up, etc. issued to him/her by the Athletic Department. The student-athlete shall be responsible for returning all issued equipment/apparel to the appropriate coach. All uniforms and apparel shall be returned within one week of the conclusion of a sport season or prior to starting another sport, whichever comes first. An athlete cannot receive a uniform from another sport until all the uniforms from a previous sport have been turned in. The athlete shall reimburse the Athletic Department for any lost, damaged, or stolen equipment not turned in after one week. Replacement cost will reflect the current cost to replace the equipment regardless of how old the equipment may have been.

Grooming and Appearance

Uniforms and warm-ups are to be worn during athletic competitions and when instructed by a coach; they are not to be worn in any other circumstances. Only athletic department approved Gibraltar apparel shall be worn by student-athletes. An athlete shall dress presentably when representing the team on trips, at assemblies, or at banquets.

Equipment

Athletes are responsible for all equipment issued to them and are expected to keep it clean and in good condition. Athletes are also responsible to maintain team equipment in good condition. Loss or damage to equipment based on the negligent activity of an athlete will result in disciplinary action and the athlete being financially responsible for the lost or damaged equipment.

Transportation

The District is providing limited transport to events (and both ways for Shumate). Parents are responsible to make arrangements for their students when transportation is not provided. However, athletes are to ride to and from athletic competitions with their teams when district transportation is provided. Any exceptions must be arranged 24 hours in advance prior to departure for the contest with the appropriate form signed by a school administrator and presented to the coach.

Bus Rules and Regulations

1. Athletes will be ready to leave at the scheduled time.
2. Athletes will not be allowed on busses without appropriate supervision.
3. No spitting.
4. Any athlete causing damage to the bus will be responsible for the cost of repair.
5. No cleats are to be worn on the bus.
6. Only the driver may open the back door to the bus.
7. Athletes shall not block the back door or aisles with equipment.

Fundraising Participation

Fundraising has become a necessary part of school athletics to purchase a variety of needs including equipment, overnight stays, etc. **Fundraising is not mandatory**; however, each athlete is encouraged to participate in any team-sanctioned fundraiser. Providing cash in lieu of participating in the fundraising event is always an option for mandatory items. Athletes are encouraged to pay by check when possible – if not possible, please insist on getting a receipt for any money turned in. All fundraising is to be clearly communicated so that the athlete knows the profit expected and the specific use of that profit – this includes apparel that is purchased at one price and sold at a higher price. General fundraising is no longer allowed.

Quitting a Sport

Quitting a sport is strongly discouraged. Any student athlete quitting any sport may not participate in another sport (including conditioning activities) during the same season until agreement between the head coaches of the respective sports is reached and approval granted by an administrator. Any student athlete quitting a team cannot return to that team during that season without meeting the requirements of an administrator and coach of that team.

Athletic Awards

Varsity Letters

The student athlete who has successfully met the qualifications for a varsity letter will receive the Carlson “C” from their coach at the conclusion of their season. First time recipients of the award will also receive the other necessary pins and numbers to complete their varsity jacket.

Requirements for Receiving Varsity Letter

The requirements for receiving a varsity letter in a sport shall be determined by the varsity coach of that sport and the Athletic Director. These requirements shall be put forth in writing and kept on file in the Carlson Athletic Office. The varsity coach is responsible for outlining these requirements with students and parents at the beginning of the year at the team’s Parent Meeting.

Awards/Gifts

A student-athlete may accept, for participation in athletics, a symbolic or merchandise award which does not have value or cost in excess of \$25. Awards for athletic participation in the form of cash, merchandise certificates, or any other type of negotiable documents are never allowed. Banquets, luncheons, dinners, non-competitive trips, and fees or admissions to be a spectator at events, if accepted in kind, are permitted.

College scholarships

NCAA Clearinghouse

Any student-athlete who wishes to continue their athletic career in college or at a university must make his or her self eligible to do so. One requirement to participate in college athletics is to register for the NCAA Clearinghouse. Student-athletes should register for the clearinghouse by their junior year and can do so at:

Academic requirements

If you plan to enroll in any NCAA Division I or Division II college or university and play a sport, be aware of the academic requirements for freshman eligibility. Students should check with their Carlson High School counselors to ensure that they will meet the standards.

GPA and SAT/ACT Test Score

Student-athletes who are interested in playing a Division I college or university must meet minimum grade-point averages and SAT or ACT scores. For Division I, the NCAA uses a sliding scale system. Please see the Counseling Office for the scale.

For Division II, there is no sliding scale. Please see the Counseling Office for expectations and standards.

Carlson Athletic Scholarships

Carlson High School offers a number of scholarships for student-athletes including the Jim McDonald Scholarship, Pat Christiansen Memorial Scholarship, the Jack Roberts Memorial Scholarship, Chad Schoen, and the John Deleon Memorial Scholarship.

The McDonald Scholarship is offered annually to senior athletes and is sponsored by the Carlson Athletic Booster Club. The Pat Christiansen Scholarship is offered annually funded by the Cheer team. The Deleon, Schoen, and Roberts Scholarships are privately funded scholarships given to student-athletes in their senior year. Any student-athlete who is interested in applying for any of these scholarships should check with the counseling department or the Athletic Department for more information.

Parent Handbook

Expectations of Parents

As parents, it is important for parents to be active in your child's athletic experience and help to foster a positive relationship between your student-athlete and their coach, teammates, fans, officials, and opponents. Parents should be supportive of the coaching staff and team goals in order to help create better members of the community.

Parental Sportsmanship

Parents are expected to demonstrate good sportsmanship at all times. Parents should not engage in negative attacks on players, parents, coaches, or officials at any time. Violators may be asked to leave the complex without reimbursement of admission price and may be banned from future athletic events.

Interaction with Coaches

Parents should be supportive of coaches at all levels of athletic competition. Parents should work with coaches to help build a positive team experience and create a supportive and nurturing environment for their student-athlete. Should parents feel the need to address a coach about an issue a timeframe of at least 24 hours

following a game must be used.

Interaction with Officials

At no time, should a parent engage in conversation with an official during an athletic competition. Parents who are found harassing officials will be asked to leave the athletic competition without reimbursement of admission price and may be banned from future athletic events.

Parent Meetings and Communications

Each sport is required to hold a Parent Meeting at the beginning of the season. This meeting will outline expectations of the coach, rules for the season, and other information pertinent to your child's involvement in the sport. This meeting should be attended by parents and athletes alike. Coaches may choose to hold parent meetings at other times of the year to address issues such as fundraising and banquets.

Chain of Command

Coaches work to maximize opportunities for student-athletes while maintaining a competitive program. At times, the decision of a coach may come into question by an athlete or parent. When this situation arises, the athlete or parent should initiate a conversation with the athlete's immediate coach. If a resolution cannot be initially reached, the athlete or parent should then contact the varsity coach (if the issue is at the non-varsity level) or the Athletic Director if the issue is with the varsity coach. We strongly encourage athletes and parents to seek a resolution at the athlete's immediate level coach before taking the concern to the next level.

If something is bothering you about your athlete's status on a team, give yourself 24 hours before you contact the coach. Never attempt to contact the coach directly after a contest, especially a loss. The time away from the situation will give you a chance to search for a perspective that may give you a new way to look at the circumstances. Discussions with the coach will be more meaningful when calmer situations prevail.

Appropriate Concerns to Discuss with Coaches

It is important to understand that there are times when things do not go the way that you or your athlete wishes. At these times, discussion with the coach is encouraged. There are certain issues that are appropriate to discuss with coaches such as:

- What the expectations are for your son/daughter during practices and games;
- Ways to help your athlete improve;
- Concerns about your athlete; and/or
- Academic support and college opportunities.

It is very difficult to accept your athlete not playing as much as you may hope. Playing time is based upon the judgment as to what a coach believes is best for all students involved. Playing time is an issue that is inappropriate to discuss with coaches along with play calling, team strategy, and other student athletes. Keep your comments limited to your child.

Role of Athletic Director

The Athletic Director is responsible for creating the athletic policy for the school district and communicating the policy to coaches, athletes, parents, spectators, and support groups. The Athletic Director is also responsible for developing schedules, hiring officials, providing equipment, monitoring the athletic facilities, and

disseminating information to the community. The Athletic Director coordinates the hiring of coaches and evaluates their performance in order help develop their abilities.

Bullying and Other Aggressive Behavior Toward Students

It is the policy of the District to provide a safe and nurturing educational environment for all of its students.

This policy protects all students from bullying/aggressive behavior regardless of the subject matter or motivation for such impermissible behavior.

Bullying or other aggressive behavior toward a student, whether by other students, staff or third parties, including Board members, parents, guests, contractors, vendors and volunteers, is strictly prohibited. This prohibition includes written, physical, verbal and psychological abuse, including hazing, gestures, comments, threats or actions to a student, which cause or threaten to cause bodily harm, reasonable fear for personal safety or personal degradation.

Demonstration of appropriate behavior, treating others with civility and respect and refusing to tolerate harassment or bullying is expected of staff, third parties, including Board members, parents, guests, contractors, vendors and volunteers to provide positive examples for student behavior.

This policy applies to all “at school” activities in the District, including activities on school property, in a school vehicle and those occurring off school property if the student or employee is at any school-sponsored, school-approved or school-related activity or function, such as field trips or athletic events where students are under the school’s control or where an employee is engaged in school business. Misconduct occurring outside of school may also be disciplined if it interferes with the school environment.

Notification

Notice of this policy will be **annually** circulated to and posted in conspicuous locations in all school buildings and departments within the District and discussed with students as well as incorporated into the teacher, student and parent/guardian handbooks. State and Federal rights posters on discrimination and harassment shall also be posted at each building. All employees will be required to annually review and sign off on this policy and the related complaint procedure.

Parents or legal guardians of the alleged victim(s), as well as of the alleged aggressor(s), shall be promptly notified of any complaint or investigation as well as the results of the investigation to the extent consistent with student confidentiality requirements. A record of the time and form of notice or attempts at notice shall be kept in the investigation file.

To the extent appropriate and/or legally permitted, **confidentiality** will be maintained during the investigation process. However, a proper investigation will, in some circumstances, require the disclosure of names and allegations. Further, the appropriate authorities may be notified, depending on the nature of the complaint and/or the results of the investigation.

Implementation

The superintendent is responsible to implement this policy and may develop further guidelines, not inconsistent with this policy.

This policy is not intended to and should not be interpreted to interfere with legitimate free speech rights of any individual. However, the District reserves the right and responsibility to maintain a safe environment for students, conducive to learning and other legitimate objectives of the school program.

Procedure

Any student who believes she/he has been or is the victim of bullying, hazing or other aggressive behavior should immediately report the situation to the teacher, principal, assistant principal or counselor. The student may also report concerns to any building staff member who will be responsible for notifying the appropriate administrator. Complaints against the building Principal should be filed with the Superintendent. Complaints against the Superintendent should be filed with the Board President.

Every student is encouraged and every staff member is required to report any situation that they believe to be aggressive behavior directed toward a student. Reports shall be made to those identified above. Reports may be made anonymously, but formal disciplinary action may not be taken solely on the basis of an anonymous report.

The principal or designee shall promptly investigate and document all complaints about bullying, aggressive or other behavior that may violate this policy. The investigation must be completed as promptly as the circumstances permit and should be completed within three (3) school days after a report or complaint is made.

If the investigation finds an instance of bullying or aggressive behavior has occurred, it will result in prompt and appropriate remedial action. This may include up to expulsion for students, up to discharge for employees, exclusion for parents, guests, volunteers, and contractors, and removal from any official position and/or a request to resign for board members. Individuals may also be referred to law enforcement or other appropriate officials.

The individual responsible for conducting the investigation shall document all reported incidents and report all verified incidents of bullying, aggressive or other prohibited behavior as well as any remedial action taken, including disciplinary actions and referrals to the Superintendent. The Superintendent shall submit a compiled report to the Board on an annual basis.

Non-Retaliation/False Reports

Retaliation or false allegations against any person who reports, is thought to have reported, files a complaint, participates in an investigation or inquiry concerning allegation of bullying or aggressive behavior (as a witness or otherwise) or is the target of the bullying or aggressive behavior being investigated, is prohibited and will not be tolerated. Such retaliation shall be considered a serious violation of Board policy, independent of whether a complaint of bullying is substantiated. Suspected retaliation should be reported in the same manner as bullying/aggressive behavior.

Making intentionally false reports about bullying/aggressive behavior for the purpose of getting someone in trouble is similarly prohibited and will not be tolerated. Retaliation and intentionally false reports may result in disciplinary action as indicated above.

Prevention/Training

The Superintendent shall establish a program or other initiatives involving school staff, students, clubs or other student groups, administrators, volunteers, parents, law enforcement, community members, and other stakeholders aimed at the prevention of bullying or other aggressive behavior.

Definitions

The following definitions are provided for guidance only. If a student or other individual believes there has been bullying, hazing, harassment or other aggressive behavior, regardless of whether it fits a particular definition, she/he should report it immediately and allow the administration to determine the appropriate course of action.

“Aggressive Behavior” is defined as inappropriate conduct that is repeated enough or serious enough to negatively impact a student’s educational, physical or emotional well-being. Such behavior includes, for example, bullying, hazing, stalking, intimidation, menacing, coercion, name-calling, taunting, making threats and hitting, pushing or shoving.

“At School” is defined as in a classroom, elsewhere on school premises, on a school bus or other school related vehicle or at a school-sponsored activity or event, whether or not it is held on school premises. It also includes conduct using a telecommunications access device or telecommunications service provider that occurs off school premises if either owned by or under the control of the District.

“Bullying” is defined as any gesture or written, verbal, graphic or physical act (including electronically transmitted acts – i.e. internet, telephone or cell phone, personal digital assistant (PDA) or wireless hand held device) that, without regard to its subject matter or motivating animus, is intended or that a reasonable person would know is likely to harm one (1) or more students either directly or indirectly by doing any of the following:

- A. Substantially interfering with educational opportunities, benefits or programs of one (1) or more students;
- B. Adversely affecting the ability of a student to participate in or benefit from the school district’s educational programs or activities by placing the student in reasonable fear of physical harm or by causing substantial emotional distress;
- C. Having an actual and substantial detrimental effect on a student’s physical or mental health; and/or
- D. Causing substantial disruption in, or substantial interference with, the orderly operation of the school.

Bullying can be physical, verbal, psychological or a combination of all three. Some examples of bullying are:

- A. Physical – hitting, kicking, spitting, pushing, pulling, taking, and/or damaging personal belongings or extorting money, blocking or impeding student movement, unwelcome physical contact.
- B. Verbal – taunting, malicious teasing, insulting, name calling, making threats.
- C. Psychological – spreading rumors, manipulating social relationships, coercion or engaging in social exclusion/shunning, extortion, or intimidation. This may occur in a number of different ways, including but not limited to notes, emails, social media postings, and graffiti.

“Harassment” includes, but not limited to, any act which subjects an individual or group to unwanted, abusive behavior of a nonverbal, verbal, written or physical nature, often on the basis of age, race, religion, color, national origin, marital status or disability, but may also include sexual orientation, physical characteristics (e.g., height, weight, complexion), cultural background, socioeconomic status, or geographic location (e.g., from rival school, different state, rural area, city etc.)

“Intimidation/Menacing” includes, but not limited to any threat or act intended to: place a person in fear of physical injury or offensive physical contact; to substantially damage or interfere with a person’s property; or to intentionally interfere with or block a person’s movement without good reason.

“Staff” includes all school employees and Board members.

“Third Parties” includes, but not limited to coaches, school volunteers, parents, school visitors, service contractors, vendors or others engaged in district business, and others not directly subject to school control at inter-district or intra-district athletic competitions or other school events.

Grievance Procedure

Americans with Disabilities Act of 1990 - Section 504 of the Rehabilitation Act of 1973 - Age Discrimination Act of 1975

Section I

Any person believing that the Gibraltar School District or any part of the school organization has inadequately applied the principles and/or regulations of:

(1) Title VI of the Civil Rights Act of 1964 (2) Title IX of the Education Amendment Act of 1972 (3) Title II of the Americans with Disabilities Act of 1990 (4) Section 504 of the Rehabilitation Act of 1973 (5) Age Discrimination Act of 1975, may bring forward a complaint, which shall be referred to as a grievance, to the local civil rights coordinator at the following address:

Compliance Officer
Gibraltar Board of Education
19370 Vreeland Road
Woodhaven, Mi 48183
(734) 379-6350

Section II

The person who believes a valid basis for a grievance exists shall discuss the grievance informally and on a verbal basis with the local civil rights coordinator, who shall in turn investigate the complaint and reply with an answer to the complainant within five (5) business days. The complainant may initiate formal procedures according to the following steps:

Step 1: A written statement of grievance signed by the complainant shall be submitted to the local civil rights coordinator, within five (5) business days of receipt of answers to the informal complaint. The coordinator shall further investigate the matters of grievance and reply in writing to the complainant within five (5) days.

Step 2: A complainant wishing to appeal the decision of the local civil rights coordinator may submit a signed statement of appeal to the superintendent of schools within five (5) business days after the receipt of the coordinator's response. The superintendent shall meet with all parties involved, formulate a conclusion, and respond in writing to the complainant within ten (10) business days.

Step 3: If unsatisfied, the complainant may appeal through a signed, written statement to the Board of Education within five (5) business days of receiving the superintendent's response to Step 2. In an attempt to resolve the grievance, the Board of Education shall meet with the concerned parties and their representative within forty (40) days of the receipt of such an appeal. A copy of the board's disposition of the appeal shall be sent to each concerned party within ten (10) days of this meeting.

Anyone at any time may contact the U.S. Department of Education, Office for Civil Rights. The local coordinator, on request, will provide a copy of the district's grievance procedure and investigate all complaints in accordance with this procedure. A copy of each of the Acts and the regulations on which this notice is based may be found in the civil rights coordinator's office.

NOTICE OF NONDISCRIMINATION

The Gibraltar School District does not discriminate on the basis of race, color, national origin, sex, age, height, weight, religion, marital status, or disability in its programs and activities. The following people have been designated to handle inquiries regarding the nondiscrimination policies:

Inquiries related to discrimination should be directed to:

Compliance Officer
19370 Vreeland Road
Woodhaven, Mi 48183
734-379-6350

**Extra Curricular
Acknowledgement Form
Carlson Student-Athlete Handbook
Gibraltar School District**

Student's Name (Please print clearly)

Projected Year of Grad

As a student of the Gibraltar Public Schools and O.A. Carlson High School, I acknowledge that it is important to understand the rules and procedures of Carlson High School. Moreover, I understand that participation in interscholastic athletics is voluntary and that during my time at Carlson High School I must abide by the rules and procedures outlined in the Carlson Athletic Handbook along with the rules of the Michigan High School Athletic Association, Downriver Athletic League, my sport coaches and the laws of the State of Michigan. Additionally, I will conduct myself in an exemplary manner that will not bring discredit to myself, my family, my team, my school, or my community. I further understand that I will be responsible for all athletic equipment issued to me throughout the season, and I will return such equipment at the conclusion of the season or be responsible for the current replacement cost for any issued uniform or equipment that is not returned.

I have received a copy of and have read the Carlson Athletic Handbook for all athletic activities sponsored by the Gibraltar School District. I understand the guidelines and accept my personal responsibility for following all of them.

Student Signature

Date: _____

I acknowledge receiving the Carlson Athletic Handbook for all athletic activities sponsored by the Gibraltar School District. I accept my responsibility for helping my son/daughter live up to these guidelines.

Parent Signature

Date: _____

**THIS FORM MUST BE SIGNED AND RETURNED AS A
CONDITION OF PARTICIPATING IN ATHLETIC PROGRAMS
SPONSORED BY GIBRALTAR SCHOOL DISTRICT**

Gibraltar School District – Coach Feedback Questionnaire: For PLAYERS

The results of this survey will be used by the GSD and Athletic Department to help continue the development of our coaches. Your input is an important tool in this development. Please take the time to complete the survey and add constructive comments below.

Player Name: (Optional) _____

Coach Name: _____ Sport: _____

Rating Scale:

1 = Very Dissatisfied 2 = Dissatisfied 3 = Neutral 4 = Satisfied 5 = Very Satisfied

Please Circle Your Response:

1. Evaluate how your Coach did on the following:

Obeyed the rules	1	2	3	4	5	Listened to players	1	2	3	4	5
Shown respect for officials	1	2	3	4	5	Made the sport fun for me	1	2	3	4	5
Treated all players fairly and with respect	1	2	3	4	5	Ran organized practice	1	2	3	4	5
Recognized effort	1	2	3	4	5	Communicated in a positive way	1	2	3	4	5
Helped players learn and improve in the sport	1	2	3	4	5	Maintained a professional appearance	1	2	3	4	5
Used positive reinforcement	1	2	3	4	5	Follows through with what they say	1	2	3	4	5

2. In your opinion, was playing administered appropriately? Yes No

3. Would you like to play for this coach again? Yes No

4. What went well with this season?

5. What would you like to see improved?

Please use the area below (or the back) for additional comments or explanation of ratings

Gibraltar School District – Coach Feedback Questionnaire: For PARENTS

The results of this survey will be used by the GSD and Athletic Department to help continue the development of our coaches. Your input is an important tool in this development. Please take the time to complete the survey and add constructive comments below.

Player Name: (Optional) _____

Coach Name: _____ Sport: _____

Rating Scale:

1 = Very Dissatisfied 2 = Dissatisfied 3 = Neutral 4 = Satisfied 5 = Very Satisfied NA = Not Applicable

Please Circle Your Response:

The coach has a strong knowledge of the game	1	2	3	4	5	NA
The coach was safety conscious	1	2	3	4	5	NA
The coach showed respect for my child as a person and as a player	1	2	3	4	5	NA
The players know what is expected of them	1	2	3	4	5	NA
The coach was able to communicate effectively with me	1	2	3	4	5	NA
The players feel that they are better now than they were at the beginning of the season	1	2	3	4	5	NA
The player liked and respected the coach	1	2	3	4	5	NA
The coach provided a good balance between emphasizing skill development and team concepts	1	2	3	4	5	NA
The coach maintained a professional appearance	1	2	3	4	5	NA
The coach was organized and responsible	1	2	3	4	5	NA
The coach followed through with what s/he said	1	2	3	4	5	NA
I would recommend this coach to others	1	2	3	4	5	NA
In your opinion, was playing time administered appropriately?	Yes	No				
Was the coach's public conduct at games acceptable?	Yes	No				

Please use the area below (or on the back) for additional comments or explanation of ratings
